



*A free program
for all girls
ages 10-15*



*New members are
always welcome.
Space is limited.*

Activities include workshops, discussions, recreation, arts and crafts, games, cooking, movies, special outings and opportunities for leadership and volunteering.

This program promotes self-image, confidence, friendship and teamwork through fun activities, informal workshops and role modeling.

Program Locations

BAYSHORE RECREATION CENTRE

98 Woodridge Crescent
Friday -- 5:00 - 7:00 pm

FOSTER FARM COMMUNITY CENTRE

1065 Ramsey Crescent
Monday -- 4:00 - 6:00 pm

MICHELE HEIGHTS COMMUNITY HOUSE

2950 Penny Drive
Monday -- 6:30 - 8:30 pm

MORRISON GARDENS COMMUNITY HOUSE

965-A Morrison Drive
Thursday -- 4:00 - 6:00 pm

PINECREST TERRACE COMMUNITY HOUSE

2483-B Iris Street
Thursday -- 6:30 - 8:30 pm

WINTHROP COURT COMMUNITY HOUSE

38 Winthrop Private
Tuesday -- 4:00 - 6:00 pm

*For more information or to find out how you can become involved, please contact:
United Sisters at (613) 820-4922 ext 397*



*United Sisters is also supported by the community Tenant Association's of Michele Heights,
Morrison Gardens, Pinecrest Terrace, and Winthrop Court.*